**Life with Disability Quotes**

There is a plan and a purpose, a value to every life, no matter what its location, age, gender or disability. —Sharron Angle

The only disability in life is a bad attitude. —Scott Hamilton

The thing about living with any disability is that you adapt; you do what works for you. —Stella Young

Disability is a matter of perception. If you can do just one thing well, you’re needed by someone. —Martina Navratilova

My advice to other disabled people would be, concentrate on things your disability doesn’t prevent you doing well, and don’t regret the things it interferes with. Don’t be disabled in spirit as well as physically. —Stephen Hawking

When you hear the word “disabled,” people immediately think about people who can’t walk or talk or do everything that people take for granted. Now, I take nothing for granted. But I find the real disability is people who can’t find joy in life and are bitter. —Teri Garr

A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles. —Christopher Reeves

I’m officially disabled, but I’m truly enabled because of my lack of limbs. My unique challenges have opened up unique opportunities to reach so many in need. —Nick Vujicic

Your success and happiness lies in you. Resolve to keep happy, and your joy and you shall form an invincible host against difficulties. —Helen Keller

I can’t change the direction of the wind, but I can adjust my sails to always reach my destination. —Jimmy Dean

Keep your face always toward the sunshine – and shadows will fall behind you. —Walt Whitman

I have a disability, yes, that’s true, but all that really means is I may have to take a slightly different path than you. —Robert M. Hensel