**Quotes on Gratitude and Thankfulness**

A man without ambition is dead. A man with ambition but no love is dead. A man with ambition and love for his blessings here on earth is ever so alive. — Pearl Bailey

A person however learned and qualified in his life's work in whom gratitude is absent, is devoid of that beauty of character which makes personality fragrant. -– Hazrat Inayat Khan

As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them. — John Fitzgerald Kennedy

At whatever straws we must grasp, there is always a time for gratitude and new beginnings. -– J. Robert Moskin

Be thankful for what you have; you’ll end up having more. If you concentrate on what you don’t have, you will never, ever have enough.—Oprah Winfrey

Does not the gratitude of the dog put to shame any man who is ungrateful to his benefactors? -– Saint Basil

Every man in his lifetime needs to thank his faults. — Ralph Waldo Emerson

Feeling gratitude and not expressing it is like wrapping a present and not giving it. —William Arthur Ward

Give thy mind more to what thou has than to what thou hast not. — Marcus Antonius

Gratitude is the healthiest of all human emotions. The more you express gratitude for what you have, the more likely you will have even more to express gratitude for. —Zig Ziglar

Gratitude is the inward feeling of kindness received. Thankfulness is the natural impulse to express that feeling. Thanksgiving is the following of that impulse. -– Henry Van Dyke

Gratitude is the moral memory of mankind. -– Georg Simmel

Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow. — Melody Beattie

Gratitude: A lively sense of future benefit. -– A French Definition

I would maintain that thanks are the highest form of thought, and that gratitude is happiness doubled by wonder. -–Gilbert Keith Chesterton

If you concentrate on finding whatever is good in every situation, you will discover that your life will suddenly be filled with gratitude, a feeling that nurtures the soul. -– Rabbi Harold Kushner

If you don’t get everything you want, think of the things you don’t get that you don’t want. — Oscar Wilde

If you want to feel rich, just count all of the things you have that money can't buy. -–Author Unknown

Ignorant men don't know what good they hold in their hands until they've flung it away. — Sophocles

It is impossible to feel grateful and depressed in the same moment. -– Naomi Williams

It is not good for all our wishes to be filled; through sickness we recognize the value of health; through evil, the value of good; through hunger, the value of food; through exertion, the value of rest. —Greek saying

Let us rise up and be thankful, for if we didn't learn a lot today, at least we learned a little, and if we didn't learn a little, at least we didn't get sick, and if we got sick, at least we didn't die; so, let us all be thankful. —The Buddha

No one is as capable of gratitude as one who has escaped the kingdom of night. -–Elie Wiesel

No one who achieves success does so without acknowledging the help of others. The wise and confident acknowledge this help with gratitude. --Alfred North Whitehead

None is more impoverished than the one who has no gratitude. Gratitude is a currency that we can mint for ourselves, and spend without fear of bankruptcy. —Fred De Witt Van Amburgh

Of all the attitudes we can acquire, surely the attitude of gratitude is the most important and by far the most life-changing. —Zig Ziglar

People who live the most fulfilling lives are the ones who are always rejoicing at what they have. —Richard Carlson

Silent gratitude isn't very much to anyone. --Gertrude Stein

Some people grumble that roses have thorns; I am grateful that thorns have roses. —Alphonse Karr

Thank you is the best prayer that anyone could say. I say that one a lot. “Thank you” expresses extreme gratitude, humility, and understanding. —Alice Walker

Thankfulness is the beginning of gratitude. Gratitude is the completion of thankfulness. –Author Unknown

Thankfulness may consist merely of words. Gratitude is shown in acts.—Henri Frederic Amiel

Thanksgiving Day comes, by statute, once a year; to the honest man it comes as frequently as the heart of gratitude will allow. — Edward Sandford Martin

The more you recognize and express gratitude for the things you have, the more things you will have to express gratitude for. — Zig Ziglar

There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle. —Albert Einstein

Reflect upon your present blessings, of which every man has plenty; not on your past misfortunes, of which all men have some. —Charles Dickens

There is a calmness to a life lived in gratitude, a quiet joy. -– Ralph H. Blum

To be content, just think how happy you would be if you lost everything you have right now, and then got it back again! —Author Unknown

To live a life of gratitude is to open our eyes to the countless ways in which we are supported by the world around us. Such a life provides less space for our suffering because our attention is more balanced. — Gregg Krech

To speak gratitude is courteous and pleasant, to enact gratitude is generous and noble, but to live gratitude is to touch Heaven. -–Johannes A. Gaertner

We tend to forget that happiness doesn't come as a result of getting something we don't have, but rather of recognizing and appreciating what we do have. —Frederick Keonig

When I started counting my blessings, my whole life turned around. —Willie Nelson

You won't be happy with more until you're happy with what you've got. -–Viki King