**Quotes on Self-control**

A person without self-control is like a breached city, one with no walls.—Proverb

Self-discipline is an act of cultivation. It requires you to connect today’s actions to tomorrow’s

results. There’s a season for sowing and a season for reaping. Self-discipline helps you know

which is which. —Gary Ryan Blair

By constant self-discipline and self-control, you can develop greatness of character. —Grenville Kleiser

The first and best victory is to conquer self. —Plato

Talent without discipline is like an octopus on roller skates. There’s plenty of movement, but you never know if it’s going to be forward, backwards, or sideways. — H. Jackson Brown, Jr.

Mental toughness is many things and rather difficult to explain. Its qualities are sacrifice

and self-denial. Also, most importantly, it is combined with a perfectly disciplined will that

refuses to give in. It’s a state of mind—you could call it character in action. —Vince Lombardi

Mastering others is strength. Mastering yourself is true power. — Lao Tzu

Success is nothing more than a few simple disciplines, practiced every day. —Jim Rohn

He that is patient is better than a mighty man, and he that subdues himself, than he that seizes

a city. —Proverb

Happiness is dependent on self-discipline. We are the biggest obstacles to our own happiness.

It is much easier to do battle with society and with others than to fight our own nature. —Dennis Prager

What we do upon some great occasion will probably depend on what we already are: and

what we will be—the result of previous years of self-discipline. —H. P. Liddon